

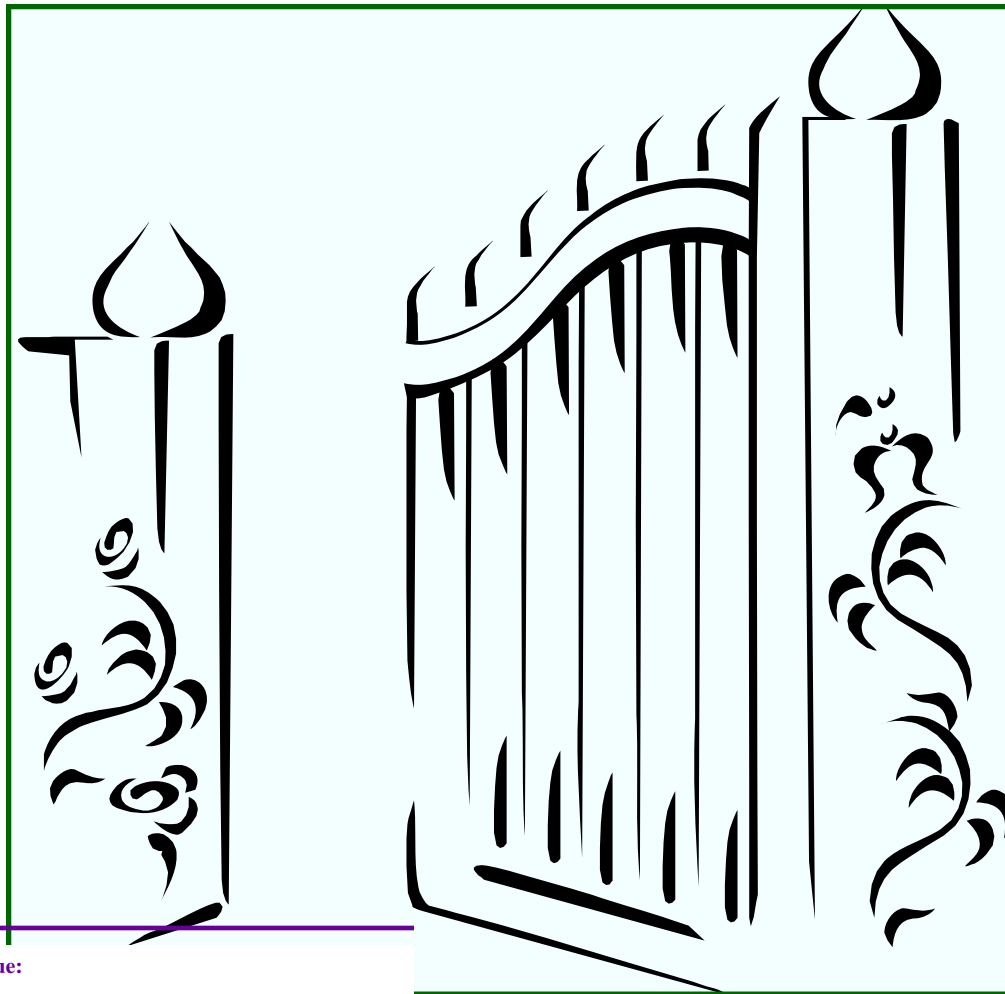
St. Matthias' Episcopal Church

THE CHANNEL

11300 W. Huguenot Road, Midlothian, VA 23113

272-8588

MAY 2011



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God of openness, of life and of resurrection,

Come into this Easter season and bless me.

Look around the tight, dead spaces of my heart

That still refuse to give you an entrance.

Open me. Open me. Open me

Joyce Rupp

May I Have This Dance

JOHN'S JOTTINGS

We are very blessed at St. Matthias to have an excellent vestry this year. A hearty "Welcome Aboard" goes out to Clive Burnett, Anne Gavin, and Gary Hershner upon elections to a three year term at our Annual Parish Meeting on March 27th.

The vestry, under the capable leadership of Lenny Anderson (Senior Warden) and Jason Fiske (Junior Warden) has already been hard at work. At the annual Vestry Retreat on Friday, April 8th and Saturday, April 9th, the vestry came together and developed goals for the coming year. These goals are as follows:

Continue to improve our parish communications and publications. This will be an ongoing project for upgrading our website in coordination with our hardcopy handouts. In addition, each vestry member of the Vestry will take every opportunity to communicate one on one with our current members, newcomers, and visitors by engaging them in conversations about what the Vestry can do for them...and asking them how they would like to participate in the life of the congregation. The vestry will also ensure that communication be continued one on one regarding the activities and programs at St. Matthias;

Each vestry member will endeavor to attend and participate in as many parish functions as possible;

The Vestry will support all of the efforts put forth to develop an even more vibrant youth program, working with the Vestry Liason and the Youth Commission to support our Youth Ministries Coordinator.

The Vestry also was aware of fulfilling our Vision Statement. Along those lines, the 2011 vestry members pledged to:

Seek way to have an evermore meaningful sense of community;

Manifest by word and deed a meaningful way to live; and

Support those people and programs who have a positive impact in our local community and the world.

In closing, let me add that the overall spirit of the vestry retreat was very uplifting. There is a strong desire to pull together with both the clergy and staff, and to move the congregation forward in the coming year. I intuitively feel that good things are in store for us at St. Matthias in the coming year.... Thanks be to God!

Shalom,

J.P.B.

Three Three "R's" of Resurrection

Paul Tillich said that if he were asked to summarize the Christian message for our time (and all time) it would come down to two words: **New Being**. And then he went on to say that the **New Being** in Jesus comes about in three ways. Call them *the Three Rs*.

Re-conciliation. This is the reversal of hostility. It is the giving of peace. It is the overcoming of estrangement by love. This is the first task of the Risen Lord: To break down the chasm between guilt and grace. To forgive. To end the exile. To confer acceptance even in the face of clear unacceptability. Without this re-conciliation, the New Being cannot take hold, and the power to transform the world cannot happen.

Re-union. This is the acceptance of re-conciliation. Grace has been operative through Jesus all along; however, it does not become a living reality until it is accepted by the disciples. Re-uniting means mutuality. A giving and receiving, a receiving and a giving occurs, and this completes the re-conciliation process.

Re-surrection. This is not just dead bodies coming out of the grave. Rather, it is the life of God—the power of the Holy Spirit—breathed into the witnessing community by Jesus. It is process of continual rebirth and renewal. The never-ending call to personhood.

Wendall Berry has an expression this kind of behavior. He calls it practicing Resurrection." To center every day in the Divine"yes!" that is the Resurrection of Jesus. To live out of the Resurrection. To live In the Resurrection. **To live the New Being. Let us Begin!**

Calling All Cooks—The Episcopal Church Medical Trust wants you!

The Episcopal Church Medical Trust has an exciting announcement! We are creating a cookbook especially for the Episcopal Church.

Not only will the cookbook include recipes for breakfast, lunch and dinner, it will also feature recipes for coffee hours, pot luck dinners, and meatless Lenten meals, as well as recipes for very large gatherings. The theme of the cookbook will be “cooking for a healthy church,” and the recipes will reflect that concept.

Why A Cookbook?

For some time now, we've been including a healthy recipe in each edition of *Health & Wellness News*. This feature has proved to be very popular with our readers. And we feel this is an opportunity to support the preparation and serving of healthful meals at home and in church settings. Taking steps to ensure that healthful meals are served in our churches allows us to be role models in taking a small but important step in helping others to be *Well to Serve*.

Nutritional Information Made Available

All recipes will be reviewed by a nutritionist. Because it is important to understand the components of the foods we eat, each recipe will include nutrition-related information — sodium, carbohydrates, sugars, fats, cholesterol, and fiber — as well as calories per serving, thus helping readers select a menu that is balanced and healthful. The number of servings per recipe will also be included.

Not So Healthful? Send It Anyway

If you have a favorite dish that is not as healthful as it might be, send it to us and we'll see if we can 'lighten up' the recipe. If we can lower the calories while retaining taste and texture, we'll show you how we did it by comparing the original recipe with the lighter one.

Be Creative!

Be sure to include the name of your recipe, specific amounts of each ingredient, and the number of people the dish serves. Tell us if the recipe is best as a side dish, a salad, or a main course. Feel free to submit up to 5 recipes. The cookbook will include a page listing all the people who contributed recipes.

Submitting Your Recipe(s)

To submit one or more recipes for publication, email us at wellness@cpq.org.

You can also mail them to:

Episcopal Church Medical Trust, Cookbook Project
445 5th Avenue, 6th Floor,
New York, NY 10016

Your recipe may or may not be used in the book and you will not receive any remuneration for your submission. However, we will acknowledge each person whose recipe we publish.

BBQ SALE

June 11 and 12th

Look for the sign-up sheet in the Commons.

\$8.00 per pound of the best barbecue in town.

Benefitting the school house

in Mambo, Sierre Leone.



Who are the saints in your life?

Some of the saints around St. Matthias: We give thanks for.....

The servanthood of Meg Griffin and the Fellowship Committee for their hours of setting up, cooking, serving and cleaning up. Opportunities to help the Fellowship Committee abound. See page For ways to help with the lemonade ministry, Strawberry Festival and/or the Parish Picnic.

The voices of our choir members singing and playing the instruments bringing us the joy of the Resurrection throughout the year.

The Altar Guild team glorifying the nave for Easter and throughout the year

Lil Jefferson for her leadership of the Pastoral Care Commission and Pastoral Meals Coordinator and to all of the volunteers who lovingly provide meals, cards and phone calls throughout the year.

News From Fellowship

The warm weather is upon us and once again we are planning for the upcoming spring and summer events here at St. Matthias'. We need help for lots of these fun activities but also hope that you will join us for all of the festivities.

Senior Recognition

We will honor our high school seniors during the 11:00 worship service on May 22 and will serve cake and punch in the Commons following the service. If you are available to help with serving and cleaning up for this event, please let Meg Griffin know. 897-3407

Lemonade on the Lawn

Lemonade on the Lawn begins Sunday, May 29, after the 10:00 service. This fun tradition for the whole family comes just in time to usher in Summer. We provide the lemonade and your hosts provide delicious cookies. Sign up to host for one of the Sundays this summer. The sign up sheet will be in the Commons starting May 1. All instructions will be provided to you in advance of your weekend! This is a great way to meet new folks and visit with old friends.

Parish Picnic

The Parish Picnic takes place this year on Sunday, June 5, after the 10:00 a.m. worship service. Plan to bring a dish to share and beverages for your family. We'll provide lemonade and tea, ice and cups, along with hot dogs on the grill. You can sign up to help with the setup and service and cleanup of this event in the Commons starting May 1.

Strawberry Sunday

We will celebrate Pentecost with Strawberry Shortcakes following the 10 a.m. worship service on Sunday, June 12. Sign up in the Commons to provide pound cake if you can and plan to join us for a yummy sweet summer treat!

Friday Cheers

Please keep your eyes on the weekly bulletin for updates on this year's Friday Cheers dates and plans. Friday Cheers is an adults only event held once a month during June, July and August at the home of Lou and Monte Montgomery. We will enjoy the music of the Dave Moore band; please bring a snack to share and your beverage of choice. Directions to the Montgmerys' will be available in the Commons in advance of the first event.

Dates to Remember

May 29 – Lemonade on the Lawn begins
June 5 – Parish Picnic
June 12 – Strawberry Sunday
June 19, July 17, Aug. 14.
– Friday Night Cheers

Adopt a spot



CHURCH YARD DOINGS

Spring in the churchyard--everywhere you can see and hear from the sky to the treetops, in the bushes, in the creek and across the lawn. The sap is rising. It's spring, time for new birth, a fresh beginning, re-birth.

It was a personal goal to gussy up the Memorial Garden before Holy Week, knowing that many would be visiting the site in memory of loved ones. Jerry helped me. We cleaned up leaves, pulled weeds, and pruned the bushes in a continuing effort to repair damage done by ice and snow several years ago.

The slate, disturbed during installation of sidewalk lighting and repairs to the irrigation at the Memorial for those massacred at Va Tech, was re-laid before the anniversary on April 16.

You will likely find me in the churchyard this spring and summer. If you have any interest at all in helping, I will thoroughly enjoy the companionship. If you want to help, please bring your own gloves and tools so I don't have to gather up and put away the church's tools myself. If you find some time in your hectic schedule and want to un-wind and rake up around bushes, lets save the gumballs in shopping bags. They have a use.

When we rake up leaves, we can put them in the Va. Power easement at rear of parking lot to rot and help with weed control. We **DO NOT WANT TO PILE LEAVES ON THE WOOD CHIPS** near the picnic tables and sheds because the area must be kept attractive for outdoor services and other outdoor events.

I'll see you on Sunday and maybe out in the Yard!
Granny B

Highlights from the St. Matthias community

IN THANKSGIVING

Dear St. Matthias family,

Mike and I are so grateful for all of the support we have been given while I was in the hospital and during my recovery process. I have really enjoyed all the cards and calls with wishes for my speedy recovery. The meals have been fabulous! We knew St. Matthias had wonderful cooks (and bakers) but we didn't know HOW GOOD. The casseroles, soups, breads, desserts & salads were more than nourishing to the body—but to the soul as well. And I especially enjoyed the visits with each person who came by to deliver a meal.

And last, but most appreciated, were all the prayers for my recovery. I have most assuredly felt the love of the St. Matthias community! Thank you.....with much love, Jackie McCullough

OPPORTUNITIES

Dates to Remember

This month at St. Matthias

May 8: Fine Arts event at 4 p.m.
with the talented Richmond Symphony Strings

May 15: Senior Recognition Sunday

May 22: Last Sunday School

May 29: Summer Service Hours begin –
8 and 10 a.m.

May 29 – Lemonade on the Lawn begins

June 5 – Parish Picnic

June 12 – Strawberry Sunday—Pentecost

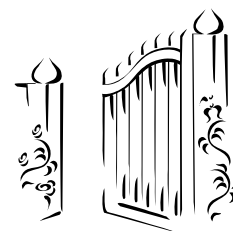
June 19, July 17, Aug. 14.
– Friday Night Cheers

God of openness, of life and of resurrection,
Come into this Easter season and bless me.
Look around the tight, dead spaces of my heart
That still refuse to give you an entrance.

Bring your gentle but firm love.
Being to life the layers of resistance
That hang on tightly deep inside of me.

Open, one by one, those places in my life
Where I refuse to be overcome by surprise.
Open, one by one, those parts of my heart
Where I fight the entrance of real growth.
Open, one by one, those aspects of my spirit
Where my security struggles with the truth

God of the Resurrection, God of the living,
Untomb and uncover all that needs to live in me.
Take to people, events, and situation
And stretch me into much greater openness.



Open me.
Open me.

Open me.

For it is only then that I will grow and change.
For it is only then that I will be transformed.
For it is only then that I will know how it is
To be in the moment of rising from the dead.

Joyce Rupp

May I Have This Dance

Children ministries

ST MATTIE'S KIDS

OUR YEAR IN REVIEW

WE POOL PARTIED AND PAINTED AT THE MONTGOMERY'S
CELEBRATED THE 4TH OF JULY WITH A BIKE PARADE, GAMES, FOOD, FRIENDS AND FAMILY
FIELD TRIPS TO THE RIVER HIKING, CHRISTIAN YOUTH THEATER PRODUCTIONS
SERVICE PROJECTS FOR MEALS ON WHEELS, SINGING AT SUNRISE, AND MAKING LUNCHES FOR THE FIRE
GUYS

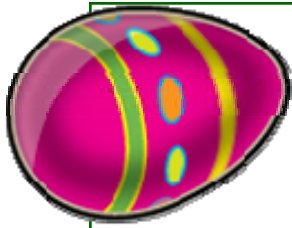
ENJOYED FAMILY NIGHT DINNERS IN NOV, DECEMBER AND DURING LENT
MADE ADVENT WREATHS AND CRAFTS PARTICIPATED IN THE CHRISTMAS PAGEANT
SPONSORED A YARD SALE FOR CHILDREN'S MINISTRY FUND
HUNTED FOR EASTER EGGS, DECORATED BONNETS FOR THE GIRLS, AND GUY HATS.
REMEMBER OUR MOTHER'S ON THEIR DAY

WE EXPLORED THE VIRTUES OF DETERMINATION, KINDNESS AND HUMILITY, THE FRUITS OF THE SPIRIT,
DAVID AND GOLIATH, JESUS' BIRTH, DEATH AND RESURRECTION
CELEBRATED BIRTHDAYS, BIRTHS AND BAPTISMS
PRAYED FOR EACH OTHER, THOSE WE LOVE AND THOSE IN NEED
WE THANK GOD FOR OUR CHILDREN AND FAMILIES
MAY HE GUIDE OUR WORDS, OUR THOUGHTS AND OUR DEEDS? WE ASK THAT HE PLANT SEEDS WITHIN US,
AND KEEP US NOURISHED AND FILLED WITH THE SUNSHINE OF HIS LOVE

HAT'S OFF TO OUR UNSUNG HEROES. THE ADAGE "IT TAKES A VILLAGE" RESONATES LOUDLY AT ST
MATTHIAS. OUR UNWAVERING VOLUNTEER NATION WILLINGLY GAVE OF THEIR TIME AND ENERGY TO
SUPPORT OUR CHILDREN'S MINISTRY. WE ARE BLESSED TO HAVE SUPERB VOLUNTEERS: OUR GODLY
PLAY AND SUNDAY SCHOOL TEACHERS, NURSERY VOLUNTEERS, AND CHILDREN'S MINISTRY LEADERS
INTEGRATED, GUIDED AND LOVED EACH AND EVERY CHILD.

OUR VILLAGE HEROES: LAURA BOUCHER, ROSANNA SMITH, BETH FRANKLIN, TAMMY REINHARDT,
SUSAN MORRISON, LAURA HEWITT, BECKY ZIMMERMAN. STEVE ZIMMERMAN PATRICK MCELHINNEY,
JANE MENDENHALL, DIANE MURPHY, KAREN CRAWFORD, KELLY HULBERT, MARGARET KLOSTER,
CINDY PAULLIN, ANDREA BEATTIE, MICHELLE, HENRY, DAVID HENRY, NICOLE PAGE, JONATHAN PAGE,
DAWN FISKE, MONICA CARSON, SCOTT CARSON, SCOTT STREET, REVIE WATKINS, AMELIA BELDE, LIND-
SAY BIGGS, MELISSA DESMOND, KATE DESMOND, JORDAN FOS, CATHY GREATWOOD, KAY GRAY, MEG
GRIFFIN, TORI ISENBERG, SAVANNAH ISENBERG, STEPHANIE UZELL, CATHY KUNKEL, EMILY KUNKEL,
SUNNI O'BRIEN, JUDITH O'BRIEN, JANET PERKINS, ABBY PARKS, AMY PARKS, MICHELLE RAMKEY,
BRIANNA ZIMMERMAN, LAUREN ZIMMERMAN, LAUREN ROSE, CAROLINE MCDONAD, ZACHARY MORRI-
SON, KEENE MENDENHALL, JESSE MENDENHALL, MADISON HASKE, MARGO SUDDETH, KAREN BARTLE,
CHERYL BOONE, JERRY BUCKNER, AMENTA BUCKNER, HARRISON DEANE, CARRIE DEANE, GERRY
NOELL, SANDY NOELL, MARK PAULLIN, BILL O'GLESBY, BRIAN GRIFFIN, HARRIET AND BOB
BLED SOE, ELI NICOLA, BILL VAN ANRNAM, JOHN MCVICKAR, CANDACE HASKE, RON HULBERT, NEIL
JACKSON, LOU AND MONTY MONTGOMERY, LIL AND PERRY JEFFERSON, JEREMY KIRKLAND, VICKI KIR-
TLEY, REID KIRTLEY, MARILYN KIRKPATRICK, JOHN MURDOCK, DAVE MOORE, VERN SNIPES, GREG MO-
QUIN, JASON FISKE, SUSAN PFAUTZ, SUZIE THOMPSON, JOHN GOODREAU, JOHN BOUCHER, DONALD
WILLIAMS, CHARLIE GARDNER, MICHAEL BULEZA, NANCY MATTHEWS, CHRIS BEGIN,

TO NAME A FEW please forgive me if I failed to mention a very important name or two.



EASTER EGG HUNT

THE ST. MATTHIAS' GROUNDS WERE COVERED WITH BRIGHTLY COLORED EGGS AND 3 GOLDEN EGGS.

UNTIL...AT THE COUNT OF THREE..

A MASS OF SQUEALING CHILDREN CONVERGED TO FILL THEIR BASKETS WITH SWEET TREATS.

FUN...FUN..FUN

THANKS TO A LITTLE HELP FROM OUR FRIENDS:

ELI NICOLA AND HARRIET BLEDSOE WHO SPENT HOURS STUFFING DECORATING AND GETTING READY FOR THE BIG EVENT. CANDACEK MADISON AND REED HASKE, SAVANNAH, TORI AND EMMA ISENBERG AND THE SUNDAY SCHOOL YOUTH STUFFED MANY EGGS.

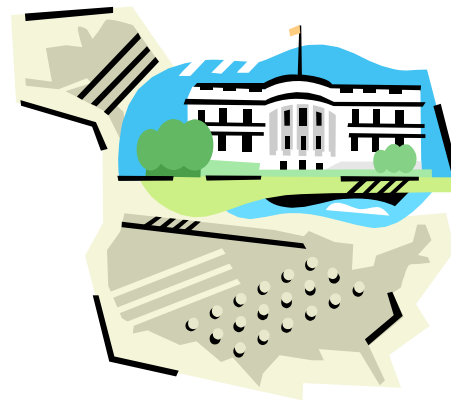
THE EASTER BUNNY IS IMMENSELY GRATEFUL FOR THE LAST MINUTE ADDITION OF BUNNY ASSISTANTS WHO "HOPPED BY" JUST IN TIME TO HELP HIDE EGGS

THANKS TO CHARLIE GARDNER, MICHAEL BULEZA, IRENE MARK ISENBERG

MOTHER'S DAY IS MAY 8TH
JOIN US IN MORRISON HALL
10 AM TO HONOR OUR MOTHERS

Urban Adventure

On Friday April 29th ten J2A youth and four chaperones headed to Washington, D.C. to participate in Urban Adventure. This year we stayed at The Church of the Pilgrims on P Street in Northwest D.C. This trip is vital to the J2A curriculum and to the group of young people. It served to bond our youth as they begin the arduous process of preparing for next year's Pilgrimage to Vancouver.



During our stay in D.C., we had the opportunity to hear speakers from the National Homeless Coalition as well as take part in a service project at the DC Central Kitchen on Saturday morning. A scavenger hunt in the afternoon took us all over the city by all means available. Our youth discovered the monuments, Union Station, Chinatown, and Embassy Row. Sunday morning afforded us the opportunity to worship at the National Cathedral.

The youth of St. Matthias' are eager to share their experience with the congregation, so please ask one of our J2A members about their trip.

SPIRITUAL FORMATION: MEN'S GROUP, KERYGMA, READINGS FOR MAY AND ADULT TOPICS

Adult Topics

May 1 Malcolm Turnbull, Part III,
Planning for the End of Life
May 8 Sue Ann McNeer/Mother's Day
May 15 Dennett Slemp/ Prison Ministry

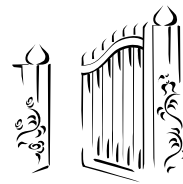
Education for Ministry

What is EFM? A program that allows you to:
Dig deeper into the Christian faith, study the Bible, Church
history and theological ideas and reflect on connecting faith
with life experiences.
It is a life-changing program.

Spiritual Formation Groups meet on:

Monday evenings—Kerygma at 7:00 p.m.
Wednesday morning—Men's Group at 8:30 a.m. and
Kerygma at 10 a.m.
EFM—Wednesday evenings at 7:00 p.m.

Open me.
Open me.



Open me.

For it is only then that I will grow and change.
For it is only then that I will be transformed.
For it is only then that I will know how it is
To be in the moment of rising from the dead.

Joyce Rupp
May I Have This Dance

This month

Be aware of open things during May

- Open doors, open windows
- Driving down open roads
- Coffee cups open to receive that warm brew
- Open boxes, jars and other containers
- Hearts open to receive you in love
- Eyes open to see wonderful things
- Mouths open to receive the bread of heaven
- Books open for learning

Easter is about openness, about God coaxing growth from the turned over soil of our spirits. God waters the gardens of our hearts. Are we open and ready to receive the seeds of grace?

PRAYERS OF THE PEOPLE

Prayers are asked for: Mary Johnson's sister-in-law, **Linda**; Carolyn Armstrong's sister, **Margaret**; Carol Giles' sister, **Ruth**; Bill Van Arnam family member, **Gretchen and friends, Kirk & Jeannie**; Kay Gray's friend, **Linda Simon**; **Ron Phillips**; **Darius Firestone**; Cathy and Skip Todd's friend, **John**; Floyd Worsham's sister, **Virginia** & the Worsham's daughter, **Kim**; **Doc Singer**; **John Goodreau**; The Rev. **Bob** and The Rev. **Sandi Kerner**; Carrie Dean's friends, **Koula and Warren**; Ann and Steve Long's friend, **Katie**; **Jackie McCullough**; Noell family friend, the **Baker family and Jim**; Herbert Norman's friends, **Michael, John, Modu and Albert**; Andrea Larkins' friend, **Mary**; the Jefferson family friend, **Sylvia**; Mellie Randall's friend, **Joe**; Anderson family friend, **Don**; Carole Messenger's friends, **Joan, Armi and Nicole**; Beth Franklin's brother, **Bill**; Goodreau family member, **Theresa**; Laing family friend, **Jim**; **Toby Campbell**; **Janet Cable**, Linda and Mac Butt's friend, **Hank**; Frank Weigand's sister-in-law, **Linda**; Carol and Charlie Gardner's brother, W.B. Jones (**Buddy**); Carol Deane's friends, **Carl and Bill**; Beth Johnson-Franklin's sister, **Susan**; Joanne Brother's friend, **Frank**; Julie Noyes' mother-in-law **Betsy Noyes** and sister-in-law, **Pam Blumberg**; **Donald Dixon**; Laura Blackburn's mother, **Freddie Brister**; Margaret Kolster's brother, **Steve**; **Helen Miller**; **George Patnelli**; **Elliott Woodaman**; **John McVickar**; Henry family friend, **Laura**; Merriann Clark's daughter, **Deanna**; Maxine Livesay's brother, **Robert**; Libba Wynne's mother, **Angie**; **Gary Hershner**; **Dot Worsham**;

We also pray for those serving in the military: Jamie Lee Maier, Andrew Matthews, Robbie Fitch, Richard Dabkowski, Michael Stuart Handlan, Eric Morton, Nat Williams, Kyle Brengel, Brittney Brengel, Nancy Brothers, Jeremy White, James Mason, Greg Cross, Joshua Wootten, Andy Smith, Clarence Tomblin, Wilson Nance, Ryan Thompson, William Bailey, and Ryan Sharpe.

The Episcopal Church

May 8, 2011 – Third Sunday of Easter

Older Adult Ministries Task Force

The Federal Administration on Aging has declared May to be Older Americans Month, and in recognition of this, the Older Adult Ministries task force of the Episcopal Church challenges congregations “to think about how they might honor and celebrate the talents of their aging congregants,” said Jeri Sedlar, task force co-convener, from the Diocese of New York. “As this unique generation of baby boomers age, attention is drawn to both the reality of aging in general and to the importance of all generations within the church.”

The Older Adult Ministries task force focuses on addressing the issues and concerns of the aging population of the Episcopal Church and the impact and implications that an aging population will have on congregations. The task force is also gathering data on older adult ministries currently in place in congregations and dioceses throughout the church.

“The effects of aging encompass the emotional, physical, social, financial, and spiritual aspects of a person,” Sedlar noted.

Created by General Convention 2009 Resolution D004, the task force on Older Adult Ministries was mandated “to determine programs currently being offered by congregations, dioceses, and provinces, to establish a method of sharing this information, and to explore ways the church can expand this ministry to connect with one another in intergenerational opportunities.” It was also instructed to prepare a “comprehensive plan to raise awareness and address the emerging crisis in health, caregiving, and faith issues which cross generational and economic lines with emphasis on support of congregational, diocesan, and provincial programs for older adult ministry.”

Resolution D004 cited facts such as:

- One in every eight Americans is age 65 or older.
- Over one in four of those age 65+ live alone.
- Within 10 years, the age 85+ population will increase by 40%.

“The Task Force on Older Adult Ministries was created by General Convention to determine what is already available, and to ascertain what is needed,” commented task force co-convener Missy Morain of the Diocese of Los Angeles. “Older adults are an important part of our church, and we are focused on developing the voice of ministries with, by, and to older adults and their families.”



CC photo by Daoro

important part of our church, and we are focused on developing the voice of ministries with, by, and to older adults and their families.”

In addition to preparing resolutions for General Convention 2012 that respond appropriately to the trends and needs of an aging population, the task force has focused on taking a leadership position on preventing elder abuse and

piloting an elder abuse prevention webinar in Lexington, Kentucky.

The task force also works closely with the Episcopal Church Office of Lifelong Christian Formation, as Older Adult Ministries is an integral aspect of the lifelong process of Christian formation.

To offer ideas as well as information about current programs for older adults, contact Ruth-Ann Collins, Lifelong Christian Formation officer for the Episcopal Church: rcollins@episcopalchurch.org.

Resources for older adults can be downloaded from the Episcopal Church website: <http://www.episcopalchurch.org/olderadult>.

Youth Ministry: 2010-2011 Program Year Highlights

2010-2011 was a notable year for youth ministry in our diocese. Through the leadership of our new Youth Missioner, Ashley Scruggs, several programs for youth were introduced. Two new Junior High weekends complement our rhythm of seasonal programming and help younger youth engage early in diocesan opportunities. *November Weekend* at St. Martin's Williamsburg and *March Weekend* at Chanco were both very successful pilot programs. The very first *Vocations Exploration Retreat* for teens at Roslyn in January gave ten incredible high school students an opportunity to reflect on their gifts and discern a possible call to ministry.

Familiar and well-loved programs were updated and strengthened. A wonderful group of youth from all over the diocese attended Annual Council as a special delegation. They served the community as pages, ushers for the closing Eucharist, and lead the community in

Noonday Prayers. Miss Kortney Bodge of St. Thomas Chesapeake powerfully addressed council on behalf of the youth of the diocese as EYC Board President 2010-2011. Also in the last year, the *Happening* program was reintroduced with some helpful modifications and fresh content updates after a one year Sabbath for evaluation. *Happening #56* took place at Chanco in March, and *Happening #57* is scheduled for November. Senior High events planned by the Episcopal Youth Community Board included *October Weekend: Seasons of Change* at Chanco and *April Weekend: Discovering Our Identity* at the Virginia United Methodist Assembly Center in Blackstone. At Blackstone, twelve youth representing parishes from Danville to Virginia Beach were elected to the EYC Board for the 2011-2012 program year, and the whole community participated in a modified version of the *New Wine* diocesan strategic visioning process. Miss Adrienne Davis of St. David's Chesterfield was elected EYC Board President 2011-2012.

Significant strides have also been made in ministry for adults who work with youth. At the local level, the newly appointed Convocation Youth Directors have already begun to mobilize cooperative youth ministry initiatives. The Youth Ministry Team continues to reflect on best

approaches for meeting the needs of those involved in youth ministry in our diocese. The Youth Missioner also regularly provides consultations and trainings for youth leaders in parishes. Maintenance of an updated youth ministry database and regular use of tools like e-newsletters and social media have greatly improved communication. Several outstanding training



Clockwise from top left: April Weekend, Happening #56, October Weekend

opportunities for youth leaders were offered in the last year, including the Youth Leader Retreat with Bronwyn Clark Skov (Youth Ministries Officer of the Episcopal Church) and Journey to Adulthood Training with Tracey Herzer (Executive Director of LeaderResources).

Get More News From Around Our Diocese!


Sign up for our weekly eNews at our website, www.diosova.org, or by emailing Ann Turner, atumer@diosova.org. Follow us on Facebook, Twitter and YouTube.

Some of the saints of St. Matthias

<p style="text-align: center;">St. Matthias' Episcopal Church</p> <p style="text-align: center;">Ministers: All Baptized Members</p> <p style="text-align: center;">Phone 272-8588</p> <p style="text-align: center;">Email: Welcome@StMatMidlo.com</p> <p style="text-align: center;">Web site: www.stmatmidlo.com</p> <p style="text-align: center;">Directories with phone numbers available from parish office</p> <p>Staff</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 60%;">The Rev. Dr. John P. 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Cersley - Liza Rennie 16 – Reed Haske – Michelle Milstead - David Moore – Henry Noyes 17 – Mike Atkinson – Graham Boone-Kendall Rose Ramkey 18 – Sid Ames – Claire and Paige Flournoy - Cindy Paullin 19 – Jon Bernard –Ellie Caldwell 20 – Verona Gambino – Andrew Haskin - Jessica Warren 21 – Madison Haske - Reilly Krannitz – Alan Peters 23 – Nymali Verkitus –Rachel Jones—John Vance 24 – Pamela Bandy - Lisa Vogt 25—Karen Parry 26 – Andrew Trent 27 – Michele Riedel 28 – Anne Gavin - Lee Parker - Morris Walton - Darren Snipes 29 – Sarah Davis - Philip Evans - Todd Flournoy – Gwyneth Sholar 30 – Mike Lindsey 31—Emily Scott</p> <p style="text-align: center; color: green;"> <i>Jesus, you are risen! Keep us ever mindful of how you are a part of our lives in a deep and profound way. Surprise us with a touch of your love in places where we never thought that we would find you. Fill our hearts with hope. May the gift of your presence transform every ordinary moment of ours into a sacred place where you dwell. Help us to see this gift through the eyes of faith. Fill us with you peace. Amen.</i> </p> <p style="text-align: right;">Joyce Rupp</p>
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Saint Matthias Episcopal Church

May 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p><u>URBAN ADVENTURE</u></p> <p>8:45 am - 9:45 am HOLY EUCHARIST</p> <p>11 am - 12:15 pm HOLY EUCHARIST</p> <p>4:30 pm - 6:30 pm NEWCOMER GATHERING/HOSTED BY VESTRY AND MEMBERSHIP COM.</p> <p>7:30 pm - 8:30 pm AA/AL ANON</p>	<p>2</p> <p>10 am - 12 pm <u>Briarwood Garden Club/Morrison Hall</u></p> <p>7 pm - 8:30 pm KERYGMA/LIBRARY</p> <p>7 pm - 8 pm STEWARDSHIP COMMITTEE</p> <p>7:15 pm - 9 pm BOY SCOUTS</p>	<p>3</p> <p>2 pm - 6 pm VIP CARE</p> <p>7:15 pm - 8:45 pm HOLY APOSTOLIC BAND</p> <p>7:30 pm - 8:30 pm DANCING WITH THE ST. M. STARS</p>	<p>4</p> <p>8 am - 10 am MOMS IN TOUCH/Rite 13 room</p> <p>8:30 am - 9:30 am MEN'S GROUP</p> <p>10 am - 12 pm KERYGMA</p> <p>6:30 pm - 8:30 pm QUEENSPARK NEIGHBORHOOD ASSOC./MORRISON HALL</p> <p>7 pm - 9 pm EFM (EDUCATION FOR MINISTRY)/J2A room</p>	<p>5</p> <p>11 am - 1:30 pm <u>AARP</u></p> <p>2 pm - 6 pm VIP CARE</p> <p>6:30 pm - 7:30 pm CHANCEL RINGERS</p> <p>7:45 pm - 8:45 pm CHANCEL CHOIR</p>	<p>6</p> <p>6:30 pm - 8:30 pm AA</p>	<p>7</p>
<p>8</p> <p><u>Mother's Day</u></p> <p>8:45 am - 9:45 am HOLY EUCHARIST</p> <p>11 am - 12:15 pm HOLY EUCHARIST</p> <p>4 pm - 6 pm FINE ARTS EVENT/RICHMOND SYMPHONY STRINGS</p> <p>7:30 pm - 8:30 pm AA/AL ANON</p>	<p>9</p> <p>10 am - 12 pm GREENFIELD GARDEN CLUB/Morrison Hall</p> <p>7 pm - 8:30 pm KERYGMA/LIBRARY</p> <p>7 pm - 9 pm VESTRY</p> <p>7:15 pm - 9 pm BOY SCOUTS</p>	<p>10</p> <p>2 pm - 6 pm VIP CARE</p> <p>7:15 pm - 8:45 pm HOLY APOSTOLIC BAND</p> <p>7:30 pm - 8:30 pm DANCING WITH THE ST. M. STARS</p>	<p>11</p> <p>8 am - 10 am MOMS IN TOUCH/Rite 13 room</p> <p>8:30 am - 9:30 am MEN'S GROUP</p> <p>10 am - 12 pm KERYGMA</p> <p>7 pm - 9 pm EFM (EDUCATION FOR MINISTRY)/J2A room</p>	<p>12</p> <p>11 am - 2 pm MICAH LUNCHEON</p> <p>2 pm - 6 pm VIP CARE</p> <p>6:30 pm - 7:30 pm CHANCEL RINGERS</p> <p>7 pm - 8:30 pm <u>IACA</u></p> <p>7:45 pm - 8:45 pm CHANCEL CHOIR</p>	<p>13</p> <p>6:30 pm - 8:30 pm AA</p>	<p>14</p>
<p>15</p> <p>8:45 am - 9:45 am HOLY EUCHARIST</p> <p>11 am - 12:15 pm HOLY EUCHARIST</p> <p>12:30 pm - 2 pm FINE ARTS COMMITTEE</p> <p>7:30 pm - 8:30 pm AA/AL ANON</p>	<p>16</p> <p>7:15 pm - 9 pm BOY SCOUTS</p>	<p>17</p> <p>2 pm - 6 pm VIP CARE</p> <p>6:30 pm - 7:30 pm BIRTHING ALTERNATIVES/Commons</p> <p>7:15 pm - 8:45 pm HOLY APOSTOLIC BAND</p> <p>7:30 pm - 8:30 pm DANCING WITH THE ST. M. STARS</p>	<p>18</p> <p>8 am - 10 am MOMS IN TOUCH/Rite 13 room</p> <p>8:30 am - 9:30 am MEN'S GROUP</p> <p>10 am - 12 pm KERYGMA</p> <p>1:30 pm - 2:30 pm <u>AARP BOARD</u></p> <p>7 pm - 9 pm EFM (EDUCATION FOR MINISTRY)/J2A room</p> <p>7 pm - 8 pm BOY SCOUT, CPR CLASS/MORRISON HALL</p>	<p>19</p> <p>2 pm - 6 pm VIP CARE</p> <p>6:30 pm - 7:30 pm CHANCEL RINGERS</p> <p>7:45 pm - 8:45 pm CHANCEL CHOIR</p>	<p>20</p> <p>6:30 pm - 8:30 pm AA</p>	<p>21</p>
<p>22</p> <p>LAST DAY OF SUNDAY SCHOOL</p> <p>8:45 am - 9:45 am HOLY EUCHARIST</p> <p>11 am - 12:15 pm HOLY EUCHARIST</p> <p>7:30 pm - 8:30 pm AA/AL ANON</p>	<p>23</p> <p>7:15 pm - 9 pm BOY SCOUTS</p>	<p>24</p> <p>2 pm - 6 pm VIP CARE</p> <p>7:15 pm - 8:45 pm HOLY APOSTOLIC BAND</p> <p>7:30 pm - 8:30 pm DANCING WITH THE ST. M. STARS</p>	<p>25</p> <p>8 am - 10 am MOMS IN TOUCH/Rite 13 room</p> <p>8:30 am - 9:30 am MEN'S GROUP</p> <p>10 am - 12 pm KERYGMA</p> <p>7 pm - 9 pm EFM (EDUCATION FOR MINISTRY)/J2A room</p>	<p>26</p> <p>2 pm - 6 pm VIP CARE</p> <p>7 pm - 10 pm BOY SCOUT, CPR CLASS/MORRISON HALL</p>	<p>27</p> <p>6:30 pm - 8:30 pm AA</p>	<p>28</p>
<p>29</p> <p>8 am - 9 am HOLY EUCHARIST</p> <p>10 am - 11:15 am HOLY EUCHARIST</p> <p>7:30 pm - 8:30 pm AA/AL ANON</p>	<p>30</p> <p> Memorial Day</p> <p>7:15 pm - 9 pm BOY SCOUTS</p>	<p>31</p> <p>2 pm - 6 pm VIP CARE</p> <p>7 pm - 8 pm <u>COMPASSIONATE FRIENDS/COMMONS</u></p> <p>7:30 pm - 8:30 pm DANCING WITH THE ST. M. STARS</p>	<p>1</p> <p>8 am - 10 am MOMS IN TOUCH/Rite 13 room</p> <p>8:30 am - 9:30 am MEN'S GROUP</p> <p>7 pm - 9 pm EFM (EDUCATION FOR MINISTRY)/J2A room</p>	<p>2</p> <p>11 am - 1:30 pm <u>AARP</u></p> <p>2 pm - 6 pm VIP CARE</p>	<p>3</p> <p>6:30 pm - 8:30 pm AA</p>	<p>4</p>
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